

Beekeeper's Soap

with beeswax, honey and propolis

Weigh all ingredients.

600 g olive oil
600 g palm oil
400 g coconut oil
400 g sweet almond oil
60 g beeswax
grated propolis

480 g water
280 g NaOH

60 g honey
150 g water

Optional:

Essential oils, ground oatmeal or lavender, colorants, more!

1. Combine honey and water some hours before you want to start to be sure the honey is well combined and the mixture is room temperature.
2. Combine water with NaOH and set aside to cool.
3. Melt palm oil, coconut oil and beeswax together and stir to mix well
4. Add olive oil and sweet almond oil to warm oils
5. When oils and NaOH-water both reach 38-40°C combine them and stir constantly to light trace
6. At light trace, add honey-water and propolis and continue to stir to full trace.
7. Pour soap into prepared molds and insulate them while they cool.
8. Unmold soap after 20 hours. Soap may be sliced after a few days and should be cured for 6 weeks.

Links to more information: <http://www.tonitoni.org/soap>

(if you get redirected to the blog, look for link in right column)